

Westchester Running Festival

White Plains, NY
October 12, 2008

Join TEAM TSA and participate in the Westchester Marathon in White Plains, New York. The event offers a Half Marathon (13 miles), a Quarter Marathon walk/run (6 miles) and a Kid's Race.

The course winds around the Bronx River Parkway, which is a scenic, historical parkway with stone arch bridges and views of the Bronx River.

The northern portion of the parkway features some rolling hills while the southern half has some steady inclines, but is much flatter. Overall the course trends downhill to Scarsdale Road then uphill back to the County Center.

Runners receive an official commemorative T-Shirt, Music & Entertainment on the course and at the After Race Party, a finishers medal, access to post-race food, refreshments and recovery area, top three in each age category will receive an award and a Runner Goodie Bag.

To Register Visit: <http://tsa-usa.org/teamtsa>



DATE: Oct. 12, 2008 **PLACE:** White Plains, New York (Westchester)

EVENTS: Half Marathon (13.1 m), Quarter Mile (6.5 miles). There is also a free Kids Race- half mile (details will be available at a later date)

TRAVEL PACKAGE: Travel packages are completely optional. If you agree to fundraise a minimum amount and meet minimum deadlines, TSA will pay for your airfare and three nights hotel. TSA offers the following packages: Single - raise \$2,500 or more and TSA will pay for one round trip airfare and three nights hotel; Double - raise \$4,500 or more and TSA will pay for two round trip airfares and one room for three nights.

REGISTER: Before May 31, 08: Half \$50, Quarter \$45; before August 31, 08: Half \$55, Quarter \$50; Prior to Oct. 5, 2008: Half \$60, Quarter \$55.

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About TEAM TSA: Welcome to TEAM TSA! We are pleased you decided to join our team! Through running, walking and cycling team members get fit while helping the national Tourette Syndrome Association get One Lap Closer To A Cure. Funds raised help TSA support a world-wide cutting edge research program to identify a cause, control the effects and find a cure for the disorder. Funding also supports educational programs, awareness activities and other professional services provided for people living with TS and their families.

Here's How It Works: First you select an event suitable to your interests and physical abilities. The Westchester Marathon offers a Half Marathon and a Quarter Marathon Walk/Run. There is also a free Kids Race- details on the race will be available in the summer months of 2007. You can register the TEAM TSA website: <http://tsa-usa.org/teamtsa/> Once you are registered on our site you will receive a link to create a fundraising webpage. This is a unique way to tell your own story, write a biography about your child or the struggles of your family. You will also be able to upload a photo onto the page. Then your page becomes a tool for you to raise funds by seeking individuals to sponsor your participation in the event. You will be able to email individuals, such as friends, family members or people in your community and they will be able to visit your webpage and view it for themselves. Your sponsors will be able to make an online tax-deductible donation and they will have the option of having their name and the amount given listed on your page. At any time you will be able to visit your page and see how close you are to achieving your fundraising goal. You will also be able to accept donations offline in the form of checks or cash and mail them to TSA. On our website we provide you a pledge sheet and other information you can download and print. Then on race day, with each step you will feel great knowing you have helped TSA get One Lap Closer To A Cure!

Registration fees: See first page box at the bottom.

Important Registration Information: Please register online at : <http://tsa-usa.org/teamtsa/>

Fundraising Guidelines: For those people not choosing a travel package, there is no minimum fundraising guideline. However, TSA asks you to set a goal of \$1,000 and do your best to raise as much as you can.

Guidelines For Travel Packages: If you are interested in securing a travel packages provided by TSA, there are minimum fundraising guidelines and deadlines you must follow. This is strictly a voluntary option you can choose. If you live locally or if you want to make your own travel arrangements, these minimum guidelines and deadlines will not apply to you.

Single: 1 Round Trip Airfare, 1 Room For 2 Nights:	\$2,500 minimum
Double: 2 Round Trip Airfares & 1 Room For 2 Nights:	\$4,500 minimum
Hotel Only: 1 Room for 2 Nights:	\$2,000 minimum

Deadlines:

July 1, 2008 – Single \$1000 raised, Double \$2000 raised, Hotel Only \$500

August 1, 2008 – Single \$1,000 additional, Double \$2000, Hotel Only \$1,000

Sept. 1, 2008 – Single, Double \$500 additional, Hotel Only \$500

Unfortunately, TSA cannot create packages to accommodate specific numbers of team members or the needs of runners who may want to bring family members along with them. We welcome family members and hope you will decide to bring them to the event. However, we cannot make packages to include additional airfare and/or rooms for them. No changes will be made to these standard amounts. Please feel free to bring as many family or friends with you, but you will be responsible for purchasing their airfare. TSA regrets we are unable to provide packages to cover families with multiple members and children, but please know this is because we need to fulfill our mission to raise much needed funds for research, educational programs, awareness activities and other services.

Airfare and hotels will be selected by the TSA staff. Rest assured we will be selecting quality hotels and whenever possible direct airline flights. The TSA staff will work around your schedule as much as possible to schedule the departure and return flights. Our goal is to make this a great and enjoyable experience!